



# DEEP TISSUE PERCUSSION MASSAGER INSTRUCTIONS

Please read all instructions carefully to familiarise yourself with your new massager before using.

Save these instructions for further reference.

For any further assistance or information call Customer Services on  
T: 01227 740066  
or visit  
W: [www.wahl.co.uk](http://www.wahl.co.uk)  
E: [customer.services@wahl.co.uk](mailto:customer.services@wahl.co.uk)

## CONTENTS


<b>GENERAL USER INFORMATION</b>	Page 3
<b>IMPORTANT SAFEGUARDS</b>	Page 4
<b>DESCRIPTION OF PARTS</b>	Page 8
<b>OPERATING INSTRUCTIONS</b>	Page 10
<b>CHANGING ATTACHMENTS</b>	Page 10
<b>CLEANING/STORAGE</b>	Page 10
<b>MESSAGE TECHNIQUES</b>	Page 11
<b>WIRING</b>	Page 12
<b>DISPOSAL</b>	Page 12
<b>PRODUCT REGISTRATION</b>	Page 13
<b>GUARANTEE</b>	Page 14


## GENERAL USER INFORMATION


Information about using the operation manual


- ▶ Before using the appliance for the first time, you must read and understand the operation manual completely.
- ▶ Consider the operation manual as part of the product and store it in a safe and accessible place.
- ▶ Include this operation manual if passing the appliance on to a third party.
- ▶ In the case of conflicts with national safety specifications or instructions, the national requirements must be followed.

Explanation of symbols and notes

 **DANGER**  
Danger of electric shock which may result in serious physical injury or death.

 **DANGER**  
Danger of explosion which may result in serious physical injury or death.

 **WARNING**  
Warning of possible physical injury or a health risk.

 **CAUTION**  
Information about danger of material damage.

 Note with useful information and tips.

▶ Action to be taken by owner.

1. Carry out these actions in the sequence described.

· List

Please retain this leaflet for future reference.

**READ ALL INSTRUCTIONS BEFORE USING.**

## IMPORTANT SAFEGUARDS

When using this electrical appliance, especially when children are present, basic safety precautions should always be observed including the following.

### Requirements

- ▶ This appliance can be used by children from aged 8 years and above and persons with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, if they have been given supervision or instruction concerning use of the appliance in a safe way and understand the hazards involved. Children shall not play with the appliance. Cleaning and user maintenance shall not be made by children without supervision.
- ▶ Use this appliance only for its intended purpose as described in this manual. Do not use attachments not recommended by the manufacturer.

## Hazards

### **Danger! Electric shock due to damage to appliance**

- ▶ Do not operate the appliance with a broken cord, plug or charger, or if the appliance malfunctions, or is dropped or damaged in any way.
- ▶ Any servicing or repair must be performed by Wahl (UK) Ltd or a suitably qualified professional.
- ▶ The use of attachments that are not supplied by the manufacturer may cause fire, electric shock or injury and damage to the appliance.

### **Danger! Electric shock due to penetration of liquid.**

- ▶ To protect against risk of electrical shock, never immerse the unit or let it come into contact with water or any other liquids. Do not use the unit with wet hands. If the appliance should become wet, damp or fall in water, remove plug from mains socket immediately. Do not put your hands in the water. Do not take into bathroom.

5

keep it on while massaging.

- ▶ Do not use the massager for more than 20 minutes at one time.
- ▶ Do not use the massager in close proximity to loose clothing or jewellery.
- ▶ Keep long hair away from massager while in use.
- ▶ This massager contains an electro-magnetic motor. To avoid risk of injury, it must not be used within 15cm of an implantable cardiac device.
- ▶ Do not use the massager without attachments.
- ▶ Do not operate this appliance under a blanket or pillow. Excessive heating can occur and cause fire, electric shock or injury.

### **Caution! Danger of product damage**

- ▶ Do not wrap the cord around the appliance.
- ▶ Do not use outdoors or in damp areas.
- ▶ Never carry the unit by its power cord.
- ▶ Do not drop or insert any object into any opening.
- ▶ Use this appliance only for its intended purpose.
- ▶ Keep the massager away from heated surfaces.

7

### **Danger of explosion**

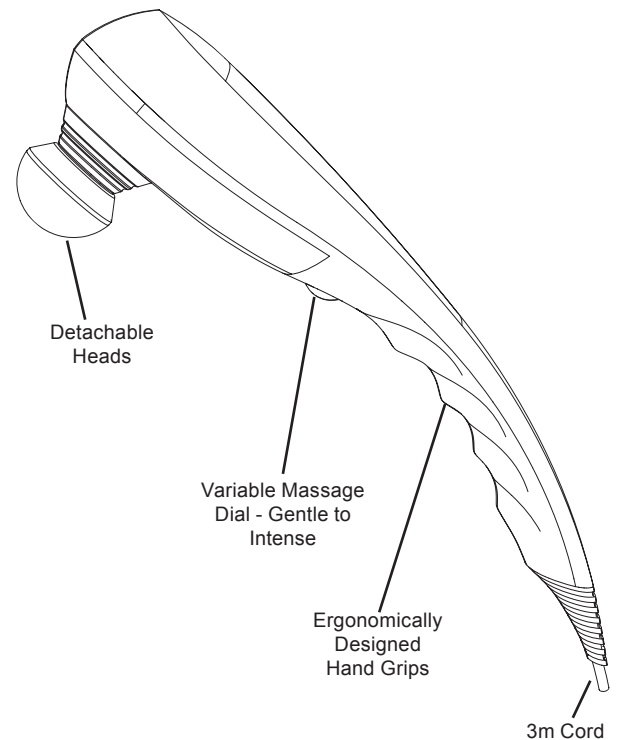
- ▶ Never use the appliance where aerosol (spray) products are being used or where oxygen is released.

### **Warning! Injuries due to incorrect handling**

- ▶ Switch off the appliance and unplug from outlet when not in use, before putting on or taking off attachments and also before cleaning the appliance.
- ▶ Never use your appliance without paying attention! Always unplug this appliance from the electricity outlet immediately after using.
- ▶ In case of pregnancy, diabetes or illness, consult your physician before using this massager.
- ▶ Do not use the massager on:
  - a. Sensitive skin, swollen or inflamed areas, in the presence of poor circulation, where skin eruptions are present, or in the presence of unexplained calf or abdominal pain.
  - b. Varicose veins.
  - c. The front of the neck.
  - d. Genital areas.
  - e. Sleeping or unconscious persons.
- ▶ When using a massage attachment be sure to seat the attachment fully onto the stem and

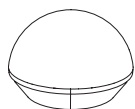
6

## DESCRIPTION OF PARTS

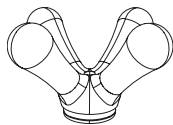


8

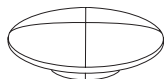
## DETACHABLE HEADS



**Deep Muscle attachment**  
Thumps smoothly, creating a gentle, relaxing massage for all-over body use.



**Four Finger Flex attachment**  
Soft, finger-like nodes replicate a human touch.



**Flat Disc attachment**  
Extra-wide surface coverage for a large, deep muscle massage.



**Accupoint attachment**  
Applies deep, pinpoint massage to a concentrated area.

9

## **i** MESSAGE TECHNIQUES

### **SHOULDERS AND NECK —**

Massage each shoulder toward back of neck to point just behind and below ear. Then back to shoulder. Repeat several times.

### **ARMS —**

Start with a gentle massage of the palms and fingers. Next, using a circular motion, move upward to forearms. Then up to biceps and shoulders.

### **LEGS —**

If desired, massage bottoms of feet. Then, using a circular motion, massage each leg from calf on up and over thigh.

### **CHEST —**

Massage from centre of chest outward, and up toward each shoulder.

### **BACK —**

Massage from top of spine to bottom, and from centre outward.

### **ABDOMEN —**

Relax abdominal muscles by massaging from centre outward, using a gentle, circular motion.

### **JOINTS —**

Relieve tired, aching knees and elbows with smooth, circular strokes.

11

## OPERATING INSTRUCTIONS

1. With the switch in the OFF position, plug the power cord into an AC outlet. (Make sure the voltage of power supply is the same as that indicated on massager.)
2. Place the desired massage attachment on the massager. The attachments easily twist on and off.
3. Variable speed allows you to personalise your massage. For best results, begin at the lowest speed setting, and gradually increase to the desired massaging speed by rolling the dial toward the top of the massager. Roll the dial toward the bottom of the massager to decrease the speed.
4. Apply the massager to the targeted area, using continual movement. A circular motion is often most effective. (See MESSAGE TECHNIQUES.)

### **i** CHANGING ATTACHMENTS

To remove an attachment head, turn the head anti-clockwise. To insert an attachment head, place the head on the stem and turn it clockwise until secure.

### **i** CLEANING/STORAGE

**Always unplug massager before cleaning.**

To clean, simply wipe unit with a dry, soft cloth. Do not immerse in water or use any harsh cleaners or solvents. When storing unit, make sure cord is not twisted or kinked.

10

## WIRING



**WARNING:** If the supply cord is damaged it must be replaced by the manufacturers service agent or a similarly qualified person in order to avoid a hazard.



**DISPOSAL**  
**Handle with care! Environmental damage in the case of incorrect disposal.**

Correct disposal will ensure environmental protection and prevent any potentially harmful impacts on people and the environment.

Adhere to the relevant legal requirements when disposing of the appliance. Information on the disposal of electrical and electronic appliances in the European Community:

### **WASTE ELECTRICAL & ELECTRONIC EQUIPMENT DIRECTIVE 2002/96/EC (WEEE)**



At the end of this products life it should not be disposed of with general household waste. Care should be taken to dispose of in a suitable manner in accordance with your Local Authority regulation.

12

## PRODUCT REGISTRATION

Wahl are constantly developing and launching new products in the UK. We would like to understand your product needs and expectations and we value any comments you may have. As part of Wahl Customer Services, we are offering you the chance to be kept up to date with the latest product launches, innovations and special offers.

Please take a minute to register your product online at [www.wahl.co.uk](http://www.wahl.co.uk).

## GUARANTEE

This product is guaranteed against defects in material and workmanship for a period of 2 years from the date of original purchase or receipt as a gift.

Should this product become defective during the guarantee period, return it to the store of purchase together with your proof of purchase for repair or replacement.

Alternatively within the guarantee period you can return the product to Wahl (UK) Ltd who will repair any such defect or elect to replace the product or any part of it, without charge, provided that there is proof of purchase. Should a replacement be offered this will not extend the original guarantee period.

The guarantee becomes invalid in the case of misuse, alteration or repair by unauthorised persons.

This product is designed for domestic use only and use within a professional environment will invalidate the guarantee.

This guarantee in no way affects your rights under statutory law in the United Kingdom.

WAHL (UK) LTD  
STERLING HOUSE  
CLIPPER CLOSE  
RAMSGATE  
KENT, CT12 5GG

CUSTOMER SERVICES T: 01227 740066  
[www.wahl.co.uk](http://www.wahl.co.uk)

Form No. 56503-100 Rev1 06-18